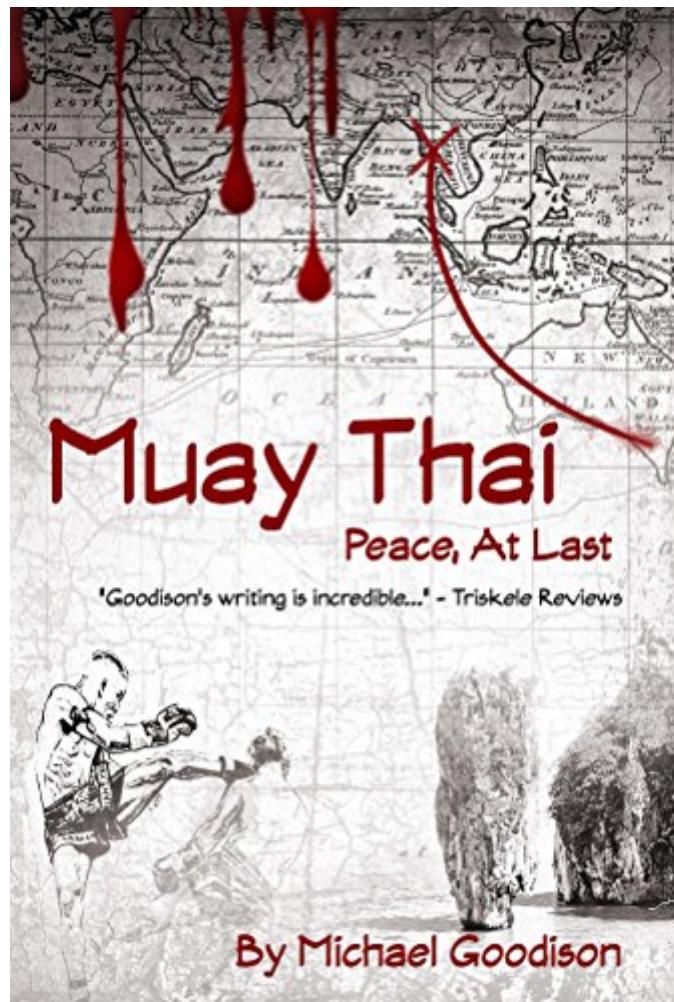


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Muay Thai: Peace, At Last



Synopsis

Michael Goodison is a writer and a fighter, and in *Muay Thai: Peace, At Last*, he documents his travelling adventure to Thailand. Battling an ever-present disinterest with the western way of living, Michael throws off the shackles and dares to live, confronting killer cobras and conversing with Buddhist monks as he prepares for a professional fight in one of the most violent martial arts in the world: Muay Thai. From elephants lumbering along the lush mountainsides to the rowdy backpacking scene of northern Thailand, and culminating in an adrenaline-thumping confrontation, *Peace, At Last* is escapism in its purest form, transporting the reader to a world of misadventure, intrigue, culture, and violence.

Book Information

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Customer Reviews

Loved this book. I really enjoyed the stories of the Author's adventures in Thailand within the backdrop of his upcoming fight. I train Muay Thai and I appreciated the training stories and the breakdowns of training/fighting immensely. I enjoyed his writing style and will be interested in reading his other stuff.

Very interesting, ideas on life take it with a grain of salt. Well written kept me engaged in the story.

Just got back from Thailand and my first Muay Thai training. This book was the trip and experience I wish I had.

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